

**Conference in Bombay
(Chowpatty, Bombay, October 28, 1981)**

In a small rural town, at the feet of the tallest mountains of the West, in remote South America, we gave our first message.

What did we say at that time?

We said: Without internal faith, without faith in oneself, there is fear. Fear produces suffering. Suffering produces violence. Violence produces destruction. Therefore, faith in oneself overcomes destruction.

And we also said: there are several forms of violence and destruction. There is a physical violence, an economic violence, a racial violence, a religious violence, a psychological violence and a moral violence.

And we denounced these forms of violence and then they told us that we should be silent.

And so we kept silent. But before that, we explained: "If what we have said is false, it will disappear soon. If it is true, there will be no power in the world capable of stopping it".

Twelve years of silence went by, and now we speak again, and thousands upon thousands in the different countries of the world listen to us.

And now in the cynical West they tell us: "How is it possible that somebody listens to you, since you do not promise money, you neither promise happiness nor do you perform miracles, you do not heal and you are not a master, you are simply a man as any other one?"

"There is nothing extraordinary in you; you are not an example to follow, you are not a wise man, or someone who has discovered a great truth...and you don't even talk in our own language. How is it possible that someone wants to listen to you?"

O Brothers of India! They do not understand the voice that talks from heart to heart.

They have achieved a certain level of material development. They have achieved a material level that we also need. But we want development and progress without their suicide, without their alcoholism, without their drug addiction, without their madness, without their violence, their sickness and their death.

We are common people, but we are not cynics; and when we speak from heart to heart, good men from all latitudes understand us and love us.

And what do we say today, from India, pulsating heart of the world? From India, the spiritual and moral reserves of which have been, and will be, a teaching and a response for a world with a sick mind, we say: "Treat others as you would have them treat you"!

There is no human action superior to this one, there is no moral more elevated than this one. And when the human being understands this, and carries this to the practice in every day and every hour of his day, the human being progresses and makes others progress along with him.

The Earth gets de-humanized and life gets de-humanized. And people lose faith in themselves and in life.

This is why, to humanize the Earth is to humanize the values of life. What is more important than overcoming pain and suffering in others and in oneself?

To make science and knowledge progress is a valuable thing if these go in the direction of life.

The just production and distribution of the means of subsistence, the medicine, the education, the formation of intellectuals with a social sensibility; all of these are tasks that have to be carried out with the enthusiasm and faith becoming to any effort that struggles for overcoming pain in others.

Good is whatever improves life. Bad is whatever opposes life.

Good is whatever unites the people. Bad is what divides them.

Good is what affirms: "There is still a future." Bad is to say; "There is neither future nor meaning in life."

Good is to give the people faith in themselves. Bad is the fanaticism that opposes life.

To humanize the Earth is also to humanize those who influence and decide for others; so they will listen to the voice of those who need to overcome illness and poverty.

Our Community is neither a political nor a religious one, and it is inspired by the great teachings that preached tolerance among men.

And this tolerance goes further, because it places the following principle as the highest value for every human action: "Treat others as you would have them treat you."

Only if this principle, which opposes insensibility, selfishness and cynicism, is put into practice, then the humanization of the Earth will be able to begin.

Our Community is a tolerant and non-violent moral force, the highest value that it preaches is: "Treat others as you would have them treat you!" This is the moral impulse that should be channelled within the new generations, and it should be practiced by anyone who truly wants to start humanizing our Earth.

Many people want to perfect themselves, many want to surpass their internal confusion and their spiritual illness and they believe that they can do it by closing the eyes to the world they live in. And I say that they will only grow spiritually in the measure that they begin to help others to overcome pain and suffering.

This is why The Community proposes to act in the world and not to abandon the party or the organization one belongs to. If one believes that his organization can contribute to surpass pain and suffering one should participate there enthusiastically and, if there are defects there, one should make a strong effort to correct them and convert them into instruments at the service of humanization.

Because, if faith in oneself is not renewed, in the sense that one can contribute to progress; and if faith in the possibilities of change of others is not renewed (even though defects may exist), we will remain paralysed in front of the future and the de-humanization of the Earth will triumph.

To form communities of family members, of work companions, of friends, of neighbours; to form communities in the cities and the villages as a moral force which gives the individuals and the human groups faith in themselves... this will be to grow spiritually, looking at the face of your brother so he, too, grows with you.

And if you believe in God, consider His infinite kindness and His will that the human being one day stands up and honours the earth by humanizing it.

You have to begin a new life and you should have faith that you can do it.

But we have talked too much and now we need to do.

In order to make possible what has been said, accompany me in a free, courageous and profound action, an action that should also be a commitment.

Let's stand up (.....) and let's ask our own heart: "Is it necessary for me and for others that I should strengthen my faith in life?"

Then, in silence, let us listen to the response of our internal voice.

"Is it necessary for me and for others that I strengthen my faith in life?" (Silence)

"Do I want to strengthen my faith in life?"

"Do I firmly believe that my faith in life will be strengthened?"

Then, let the Force and light of life arise within me. (Silence).

Today, and not tomorrow, begin a new life.

Greet your father and your mother; greet your husband or your wife; greet your friend and your enemy; and tell them with an open heart: "Something great and new has happened today within me".

And explain to them what happened, so they too can carry this message of reconciliation.

And now for everyone: Peace, Force and Joy!